

# September

# 2018

## Resident Birthdays:

Marjorie Wynne—Sept. 5th

Doris Wilvert—Sept. 13th

Joyce Adachi—Sept. 14th

Theresa Wardle—Sept. 23rd

June Anderson—Sept. 25th

Maria Borg—Sept. 28th

Susan O'Day—Sept. 29th

## Staff Birthdays:

Jack Seens—Sept. 16th

## September Birthstone

• Blue Sapphire •



In ancient Greece, royals were convinced that blue sapphires protected their owners from envy and harm. During the Middle Ages, people thought the gem attracted heavenly blessings. Others instilled sapphires with the power to guard chastity, make peace between enemies, influence spirits, and reveal the secrets of oracles.



Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Notable Days:</b></p> <p>Sept. 4—National Polycystic Kidney Disease (PKD) Awareness Day</p> <p>Sept. 8—World First Aid Day</p>	<p>Sept. 10—World Suicide Prevention Day</p> <p>Sept. 16—Terry Fox Run</p> <p>Sept. 28—World Rabies Day</p>					<p>1) 10:00 BINGO (AR)</p> <p>2:00 Cards in the Bistro (B)</p> <p>7:00 Evening Movie (TH)</p>
<p>2) 10:00 Exploring Planet Earth (TH)</p> <p>2:30 Worship Service (TH)</p> <p>3:00 Tea &amp; Coffee Hour (B)</p>	<p>3) 10:00 Physio Fit (AR)</p> <p>10:15 Arm Chair Travels (TH)</p> <p>2:00 BINGO (AR)</p> <p>7:00-9:00 LCM &amp; LCV Bridge Gathering (AR)</p>	<p>4) 10-2 Skye Clothing Sale (B)</p> <p>9:30 Superstore Shopping Trip (FD)</p> <p>10:15 Fall Prevention (AR)</p> <p>2:00 The Hook Nook (AR)</p> <p>2:00 Nail Painting (AR)</p> <p>3:00 Categories with Conor! (AR)</p> <p>7:00-9:00 LCM &amp; LCV Euchre &amp; Cards Gathering (AR)</p>	<p>5) 10:00 Parkinson's, MS, &amp; Stroke Program (TH)</p> <p>10:30 Chair Yoga with Doreen (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Paraffin Hand Wax (AR)</p> <p>7:00 Evening Movie</p>	<p>6) 10:00 Physio Fit (AR)</p> <p>11:00 Computer Lessons (3F)</p> <p>2:00 Afternoon Entertainment with Mike Lomagno</p> <p>3:30 Bev &amp; Babe Visit (B)</p>	<p>7) 10:00 Functional Fitness (AR)</p> <p>10:00 Therapeutic Touch (TH)</p> <p>2:00 Current Event &amp; Debate Discussion Group (TH)</p> <p>2:00 Bridge (B)</p> <p>3:00 True &amp; False Game (TH)</p>	<p>8) 10:00 BINGO (AR)</p> <p>2:00 Cards in the Bistro (B)</p> <p>7:00 Evening Movie (TH)</p>
<p>9) Grandparents Day</p> <p>10:00 Exploring Planet Earth (TH)</p> <p>2:00 Worship Service (TH)</p> <p>3:00 Tea &amp; Coffee Hour (B)</p>	<p>10) 10:00 Physio Fit (AR)</p> <p>10:15 Arm Chair Travels (TH)</p> <p>1:00 Fall Prevention (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Nail Painting (AR)</p> <p>7:00-9:00 LCM &amp; LCV Bridge Gathering (AR)</p>	<p>11) 9:30 Oshawa Centre Trip (FD)</p> <p>10:15 Fall Prevention (AR)</p> <p>2:00 The Hook Nook (AR)</p> <p>3:00 Categories with Conor! (AR)</p> <p>7:00-9:00 LCM &amp; LCV Euchre &amp; Cards Gathering (AR)</p>	<p>12) 10:00 Parkinson's, MS, &amp; Stroke Program (TH)</p> <p>10:30 Chair Yoga with Doreen (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Paraffin Hand Wax (AR)</p> <p>7:00 Music at the Manor</p>	<p>13) 10:00 Physio Fit (AR)</p> <p>11:00 Computer Lessons (3F)</p> <p>2:00 Afternoon Accordion Entertainment with Janette</p> <p>3:30 Bev &amp; Babe Visit (B)</p>	<p>14) 10:00 Functional Fitness (AR)</p> <p>2:00 Current Event &amp; Debate Discussion Group (TH)</p> <p>2:00 Bridge (B)</p> <p>3:00 True &amp; False Game (TH)</p>	<p>15) 10:00 BINGO (AR)</p> <p>2:00 Cards in the Bistro (B)</p> <p>7:00 Evening Movie (TH)</p>
<p>16) 10:00 Exploring Planet Earth (TH)</p> <p>2:00 Terry Fox Run Walking Group *Sign up at Front Desk*</p> <p>3:00 Tea &amp; Coffee Hour (B)</p>	<p>17) 10:00 Physio Fit (AR)</p> <p>10:15 Arm Chair Travels (TH)</p> <p>1:00 Fall Prevention (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Nail Painting (AR)</p> <p>7:00-9:00 LCM &amp; LCV Bridge Gathering (AR)</p>	<p>18) 9:30 Walmart Shopping Trip (FD)</p> <p>10:15 Fall Prevention (AR)</p> <p>2:00 The Hook Nook (AR)</p> <p>3:00 Categories with Conor! (AR)</p> <p>7:00-9:00 LCM &amp; LCV Euchre &amp; Cards Gathering (AR)</p>	<p>19) 10:00 Parkinson's, MS, &amp; Stroke Program (TH)</p> <p>10:30 Chair Yoga with Doreen (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Paraffin Hand Wax (AR)</p> <p>7:00 Evening Movie</p>	<p>20) 10:00 Physio Fit (AR)</p> <p>11:00 Computer Lessons (3F)</p> <p>2:00 Birthday Bash with Darlene &amp; The Shamrock</p> <p>3:30 Bev &amp; Babe Visit (B)</p>	<p>21) 10:00 Functional Fitness (AR)</p> <p>10:00 Therapeutic Touch (TH)</p> <p>2:00 Current Event &amp; Debate Discussion Group (TH)</p> <p>2:00 Bridge (B)</p> <p>3:00 True &amp; False Game</p>	<p>22) 1ST DAY OF FALL</p> <p>10:00 BINGO (AR)</p> <p>2:00 Cards in the Bistro (B)</p> <p>7:00 Evening Movie (TH)</p> 
<p>23) 10:00 Exploring Planet Earth (TH)</p> <p>2:00 Worship Service (TH)</p> <p>3:00 Tea &amp; Coffee Hour (B)</p>	<p>24) ACTIVE AGING WEEK</p> <p>10:00 Physio Fit (AR)</p> <p>10:15 Arm Chair Travels (TH)</p> <p>1:00 Fall Prevention (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Smoothies in the Bistro (B)</p> <p>3:00 Nail Painting (AR)</p> <p>7:00 Bridge Gathering (AR)</p>	<p>25) ACTIVE AGING WEEK</p> <p>9:30 Kendalwood Plaza Trip (FD)</p> <p>10:15 Fall Prevention (AR)</p> <p>2:00 The Hook Nook (AR)</p> <p>3:15 Bowling &amp; Bean Bags (AR)</p> <p>7:00-9:00 LCM &amp; LCV Euchre &amp; Cards Gathering (AR)</p>	<p>26) ACTIVE AGING WEEK</p> <p>10:00 Parkinson's, MS, &amp; Stroke Program (TH)</p> <p>10:30 Chair Yoga with Doreen (AR)</p> <p>2:00 Active Aging BINGO (AR)</p> <p>3:00 Paraffin Hand Wax (AR)</p> <p>7:00 Evening Movie</p>	<p>27) ACTIVE AGING WEEK</p> <p>10:00 Physio Fit (AR)</p> <p>11:00 Computer Lessons (3F)</p> <p>2:00 Afternoon Entertainment with Bruce McGregor</p> <p>3:30 Bev &amp; Babe Visit (B)</p>	<p>28) ACTIVE AGING WEEK</p> <p>10:00 Functional Fitness (AR)</p> <p>2:00 Current Event &amp; TED TALK Discussion Group (TH)</p> <p>2:00 Bridge (B)</p> <p>3:00 True &amp; False Game (TH)</p> 	<p>29) 10:00 BINGO (AR)</p> <p>2:00 Cards in the Bistro (B)</p> <p>7:00 Evening Movie (TH)</p>
<p>30) 10:00 Exploring Planet Earth (TH)</p> <p>2:00 Fall Word Searches (FD)</p> <p>3:00 Tea &amp; Coffee Hour (B)</p>	<p>September 24th– 28th is Active Aging Week: Inspiring Wellness. Join us for NEW &amp; FUN activities each day!</p> 			<p>Check out our NEW True &amp; False Activity in the Theatre at 3:00pm on Fridays after our weekly Discussion Group!</p>		

Activity Room (AR)      Back Patio (BP)      3rd Floor Computers (3F)

Front Desk (FD)      Theatre (TH)      4th Floor Games Lounge (GL4)

Bistro (B)      Front Patio (FP)      Dining Room (DN)

