

JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 CANADA DAY 10:00 Weekend Walk & Talk 2:00 Worship Service 3:00 Canada Day Bistro Maple Cookie Social 	2 10:00 Physio Fit 10:30 Arm Chair Travels 1:00 Fall Prevention 2:00 BINGO 7:00-9:00 LCM & LCV Bridge Gathering 7:00 Bible Study	3 9:30 Michael's Shopping Trip 10:00 Summer Morning Coffee 10:15 Fall Prevention 2:00 The Hook Nook 3:00 Categories with Conor! 7:00-9:00 LCM & LCV Euchre & Cards Gathering	4 10:00 Parkinson's, MS, & Stroke Program 10:30 Chair Yoga with Doreen 11:30 BBQ LUNCH 2:00 BINGO 3:00 Paraffin Hand Wax 7:00 Evening Movie	5 10:00 Physio Fit 11:00 Computer Lessons 2:00 Trivia with Conor 7:00 Evening Entertainment with Doug Morgan	6 10:00 Functional Fitness 10:00 Therapeutic Touch 2:00 Embrace Debate Discussion group 2:00 Bridge 3:15 Patio Season	7 10:00 Bingo 2:00 Cards in the Bistro 4:07 Blue Jays on the Big Screen vs. Yankees 7:00 Evening Movie 	
8 10:00 Weekend Walk & Talk 2:00 Exploring Planet Earth 3:00 SODOKU (Available at Front Desk)	9 10:00 Physio Fit 10:30 Arm Chair Travels 1:00 Fall Prevention 2:00 BINGO 3:00 Nail Painting 7:00-9:00 LCM & LCV Bridge Gathering 7:00 Bible Study	10 9:30 Superstore Shopping Trip 10:15 Fall Prevention 2:00 World Cup Semifinal Match 2:00 The Hook Nook 3:00 Categories with Conor! 7:00-9:00 LCM & LCV Euchre & Cards Gathering	11 10:00 Parkinson's, MS, & Stroke Program 10:30 Chair Yoga with Doreen 11:30 BBQ LUNCH 2:00 BINGO 2:00 World Cup Semi Final Match 3:00 Paraffin Hand Wax 7:00 Evening Movie	12 10:00 Physio Fit 11:00 Computer Lessons 2:00 Country Sing Along with Mary 3:30 Bistro Chats	13 10:00 Functional Fitness 2:00 Embrace Debate Discussion Group 2:00 Bridge 3:15 Patio Season	14 10:00 Bingo 10:00 World Cup Bronze Medal Match 1:05 Blue Jays on the Big Screen vs. Red Sox 2:00 Cards in the Bistro 7:00 Evening Movie  	
15 10:00 Weekend Walk & Talk 11:00 World Cup Final Match 2:00 Worship Service 3:00 SODOKU (Available at Front Desk)	16 10:00 Physio Fit 10:30 Arm Chair Travels 1:00 Fall Prevention 2:00 BINGO 3:00 Nail Painting 7:00-9:00 LCM & LCV Bridge Gathering 7:00 Bible Study	17 9:30 Oshawa Centre Trip 10:00 Bistro Coffee Hour 10:15 Fall Prevention 2:00 The Hook Nook 2:00 Eye Care Presentation 3:00 Categories with Conor! 7:00-9:00 LCM & LCV Euchre & Cards Gathering	18 10:00 Parkinson's, MS, & Stroke Program 10:30 Chair Yoga with Doreen 11:30 BBQ LUNCH 2:00 BINGO 3:00 Paraffin Hand Wax 7:00 Music at the Manor	19 10:00 Physio Fit 11:00 Computer Lessons 2:00 Birthday Bash with Darlene & The Shamrock-er 3:30 Bistro Chats	20 10:00 Functional Fitness 10:00 Therapeutic Touch 2:00 Embrace Debate Discussion Group 2:00 Bridge 3:15 Patio Season	21 10:00 Bingo 1:07 Blue Jays on the Big Screen vs. Orioles 2:00 Cards in the Bistro 7:00 Evening Movie 	
22 10:00 Weekend Walk & Talk 2:00 Exploring Planet Earth 3:00 SODOKU (Available at Front Desk)	23 10:00 Physio Fit 10:30 Arm Chair Travels 1:00 Fall Prevention 2:00 BINGO 3:00 Nail Painting 7:00-9:00 LCM & LCV Bridge Gathering 7:00 Bible Study	24 9:00am-2:00pm Free Eye Care Exams 9:30 Walmart Trip 10:15 Fall Prevention 2:00 The Hook Nook 3:00 Categories with Conor! 7:00-9:00 LCM & LCV Euchre & Cards Gathering	25 10:00 Parkinson's, MS, & Stroke Program 10:30 Chair Yoga with Doreen 11:00 BBQ LUNCH 2:00 BINGO 3:00 Paraffin Hand Wax 7:00 Evening Movie	26 10:00 Physio Fit 11:00 Computer Lessons 2:00 Trivia with Conor 7:00 ART Musical Evening Entertainment	27 10:00 Functional Fitness 2:00 Embrace Debate Discussion Group 2:00 Bridge 3:15 Patio Season	28 10:00 Bingo 2:00 Cards in the Bistro 3:00 Crossword Puzzles 7:00 Evening Movie	
29 10:00 Weekend Walk & Talk 2:00 Worship Service 3:00 SODOKU (Available at Front Desk)	30 10:00 Physio Fit 10:30 Arm Chair Travels 1:00 Fall Prevention 2:00 BINGO 3:00 Nail Painting 7:00-9:00 LCM & LCV Bridge Gathering 7:00 Bible Study	31 9:30 Kendalwood Plaza Trip 10:00 Summer Morning Coffee 10:15 Fall Prevention 2:00 The Hook Nook 3:00 Categories with Conor! 7:00-9:00 LCM & LCV Euchre & Cards Gathering	July Birthstone Ruby  A ruby provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.			 Have an awesome Summer!	

JULY BIRTHDAYS RESIDENTS

- Kay Hill—July 4
- Bruce Singleton—July 7
- Julia Kruk—July 8
- Joyce Barter—July 11
- Ruth Crossley—July 21
- Fred Johnson—July 25

STAFF

- Georgia Rolle—July 3
- Danielle Rode—July 4
- Abigail Ali—July 22
- Aneeza Kimferdeen—July 25
- Emily McBride—July 31

NEW ACTIVITIES

BBQ LUNCH— The warm weather is finally here ! Lets enjoy the sunshine together every Wednesday on the back patio located right outside the dinning room for a delicious BBQ lunch at pm !

Trivia with Conor! - Join us on Thursday July 5th & 26th at 2pm for some fun trivia questions and interesting facts!

Summer Morning Coffee—Enjoy a Coffee out on the upstairs patio at 10:00am on Tuesday July 3rd & 31st

Weekend Walk & Talk—Looking for a little exercise on the weekend? Sign up at the front desk to enjoy a nice summer walk with good company on Sunday mornings at 10:00am

Bistro Chats— Looking to pass the time between afternoon entertainment and dinner? Head over to the Bistro and enjoy a coffee or drink with friends and chat about the performance you just attended.

Embrace Debate Discussion Group—Every Friday in July at 2:00pm we will talk about current events and have a friendly debate on various worldly topics!

NEW Wednesday Afternoon BINGO! - Join us on Wednesdays at 2:00pm for everyone's favourite game... BINGO! New prizes available!

World Cup Match on the Big Screen! - The Semi finals, bronze medal and gold medal games will be played on the big screen in the theatre.